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Newswise — (NEW YORK – AUGUST 19) — The Division of Nephrology of The Mount Sinai Health System has marked the opening of the Mount Sinai Kidney Center at East River Plaza with a formal ribbon cutting, which took place on Wednesday, August 12.

The new facility, located at 117th Street in East Harlem, will provide dialysis treatment with fully modern equipment. Adjacent to the FDR Drive and close to the Robert F. Kennedy Bridge, the Center is easily accessible public transportation, and replaces The Mount Sinai Hospital's dialysis clinic which was located on East 94th Street.

“As a part of the Mount Sinai Health System, the Mount Sinai Kidney Center at East River Plaza has all the support of the system's seven hospitals, physicians and the Icahn School of Medicine at Mount Sinai,” explained John Cijiang He, MD, PhD, the Irene and Dr. Arthur M. Fishberg Professor of Medicine and Chief of the Division of Nephrology in the Department of Medicine at the Icahn School of Medicine at Mount Sinai.

The Center is fully integrated with other departments and divisions from throughout the health system, including the Department of Surgery, the Department of Radiology, and the Kidney/Pancreas Transplant Program at Mount Sinai's Recanati/Miller Transplant Institute. “This allows us to provide integrated care and services to our patients,” Dr. He added.

“The unit will offer a complete range of services to patients, including peritoneal dialysis, home hemodialysis and in-center hemodialysis,” said Vijay Lapsia, MD, Medical Director of the Mount Sinai Kidney Center at East River Plaza and Assistant Professor of Medicine and Nephrology at the Icahn School of Medicine. Additionally, space has been allocated for an interventional suite

to perform radiological procedures on-site.

“Patients also benefit from easy parking and ambulette drop off near the unit entrance, sheltered outdoor space, and serene clinical treatment areas with large screen flat panel televisions, new, comfortable dialysis chairs, and improved waiting facilities,” Dr. Lapsia added. The unit will also be able to accommodate the needs of stretcher patients and will continue to offer convenient hours. An experienced team of nephrologists, nurses, dietitians and social workers will provide expert care.”

The Mount Sinai Kidney Center at East River Plaza’s location, in a large commercial center with nearby services for patients and families, was chosen for its convenience for patients based in Manhattan, the other boroughs, or the greater metropolitan area. The East River Plaza is home to numerous restaurants and shops. Patients can shop before and after appointments, as can family members or care takers during dialysis procedures.

“The treatment for chronic kidney disease (CKD) can be time-consuming and exhausting,” said Dr. Lapsia. “With the Mount Sinai Kidney Center at East River Plaza’s easy to reach site, and the many nearby shops, services and facilities, we hope to make the trips for dialysis less of a burden or an inconvenience.”

“Since 1947, when the first hemodialysis in the United States was conducted at Mount Sinai, faculty from the Mount Sinai Division of Nephrology have been leading the care of renal disease patients in the New York City region,” said Barbara Murphy, MD, Irene and Dr. Arthur M. Fishberg Professor of Medicine and Chair of the Department of Medicine at the Mount Sinai Health System. “The opening of the new Mount Sinai Kidney Center at East River Plaza represents the next stage for the dialysis program at Mount Sinai, which is the only hospital-operated outpatient dialysis program in Manhattan,” said Dr. Murphy, a world-renown transplant nephrologist. In addition, the Mount Sinai Health System remains the largest provider for peritoneal dialysis in New York City.

About the Mount Sinai Health System

The Mount Sinai Health System is an integrated health system committed to providing distinguished care, conducting transformative research, and advancing biomedical education. Structured around seven hospital campuses and a single medical school, the Health System has an extensive ambulatory network and a range of inpatient and outpatient services— from community-based facilities to tertiary and quaternary care.

The System includes approximately 6,100 primary and specialty care physicians; 12 minority-owned free-standing ambulatory surgery centers; more than 140 ambulatory practices throughout the five boroughs of New York City, Westchester, Long Island, and Florida; and 31 affiliated community health centers. Physicians are affiliated with the renowned Icahn School of Medicine at Mount Sinai, which is ranked among the highest in the nation in National Institutes of Health funding per investigator. Seven departments at The Mount Sinai Hospital and one at the New York Eye and Ear Infirmary (NYEE) ranked nationally in the top 25 in the 2015-2016 “Best Hospitals” issue of U.S. News & World Report. Mount Sinai’s Kravis Children’s Hospital also is ranked in seven out of ten pediatric specialties by U.S. News & World Report.

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