

It's alarming indeed that Hawaii is seeing a boom in dialysis centers due to more chronic kidney disease — with no change in trend in sight. Unless, of course, folks start heeding the very simple yet very effective message to adopt a healthier, less sugary diet and a more active lifestyle.

“It really is a public health crisis,” said Dr. James Ireland, a kidney specialist. “Every year we’re seeing more and more patients. The line is still going up. We’re not even plateauing.” ***Login for more...***

[Forgot Password](#)

ACTIVATION

Current print subscribers, activate your premium content account for unlimited online access & commenting Find subscription offers in your area and choose the package that suits your reading preferences.

14 day premium online access and commenting ability on StarAdvertiser.com

[...](#)