

If you have kidney disease - at whatever stage - you will need to be mindful and take care over what you eat. we have put some useful information here - but the topic is vast and will vary with your own particular circumstance.

We urge all kidney patients to discuss their diet with the care team and to make the most of a specialist renal dietician if there is one at your centre.

[A balanced diet](#)

[Nutrition on hemodialysis](#)

[Peritoneal nutrition](#)

[Vitamins and kidney disease](#)